



Worship Service for March 17, 2024

Prelude Marshall Davies

Chiming of the Hour Jan Lundy

Welcome Pastor Felix Carrión

Centering Moment Pastor Felix Carrión

***Praise & Worship Songs** Congregation

“Make a New Heart”

Make a new heart

Make a new heart in me today and everyday

Make a new heart

Make a new heart in me today and everyday (x2)

Just as you made the earth,

sky and sea and everything teeming in them

Make a new heart

Make a new heart in me today and everyday (x2)

Renew your breath of life in us

Restore our joy, restore our joy

Make a new heart

Make a new heart in me today and everyday (x2)

How can a person start over and change

and be born again to new life

Make a new heart

Make a new heart in me today and everyday (x2)

Feel the heartbeat of the world

and soften us to listen

Make a new heart

Make a new heart in us today and everyday

Make a new heart

Make a new heart in us today and everyday (x2)

Announcements

Jan Lundy

Call to Worship

Jan Lundy

LEADER: Let us come before the God of all creation with open spirits, deeply longing for divine insight.

ALL: We stand before our God in stillness of spirit, and offer God the reverent silence of our souls.

LEADER: Together we acknowledge the precious gifts of life and love that are not of our own making.

ALL: Together we proclaim: There is but one Lenten Journey of seeking, prayer, fasting, reflection, and listening. In the end, we will know that all of us are children of God.

***Congregational Song**

Congregation

“Break Our Hearts Again”

We pile up like dry bones,
like orphans gathering
In burden, we're broken,

our defenses fracturing

So break our hearts again

Stretch us 'til we bend.

Breathe new life on these tired bones

And make us new again

Our mountains are crumbling,

like sand into the sea

Our rivers run drier

than the rocks beneath our feet

So break our hearts again

Stretch us 'til we bend.

Breathe new life on these tired bones

And make us new again

So break our hearts again

Stretch us 'til we bend.

Breathe new life on these tired bones

And make us new again

We lay our burdens down,
We lay our burdens down
We lay our burdens down,
We lay our burdens down

***Gathering Prayer**

Jan Lundy

ALL: God of life, we bring our whole selves to you in this season of Lent. We seek to follow in the footsteps of Jesus as he went into the wilderness. May our Lenten journey take us into sacred solitude. May we seek to know you and ourselves more fully. May we come upon your voice as we affirm the purpose of our making. As we gather in worship, we commit ourselves to live in stillness of spirit. In Jesus' name we pray.

Amen.

Biblical Witness

Pastor Felix Carrión

Psalm 139:13 - 18

For it was you who formed my inward parts;
you knit me together in my mother's womb.
I praise you, for I am fearfully and wonderfully made.
Wonderful are your works;
that I know very well.
My frame was not hidden from you,
when I was being made in secret,
intricately woven in the depths of the earth.
Your eyes beheld my unformed substance.
In your book were written
all the days that were formed for me,
when none of them as yet existed.
How weighty to me are your thoughts, O God!
How vast is the sum of them!
I try to count them—they are more than the sand;
I come to the end—I am still with you.

Contemporary Witness

Jan Lundy

The Tao of Inner Peace by Diane Dreher

Each day we meet our physical needs, eating and sleeping at regular intervals. [Spiritual seekers] also make time for spiritual renewal. If we neglect our bodies, they become imbalanced and break down. If we neglect our spiritual needs, we become emotionally imbalanced and our world breaks down in continued conflict.

Moments of reflection enable our roots to go deep to the source, drawing upon the infinite power and wisdom of God.

Reflection

Pastor Felix Carrión

“The Spiritual Quest:
Wonderful Woven Works”

Special Music

Cii-jayy Jones & Doug Fairbanks

“Tell Your Heart to Beat Again”

You're shattered, like you've never been before.

The life you knew, in a thousand pieces on the floor.

And words fall short in times like these, when the world
drives you to your knees.

You think you're never gonna get back to the you that
used to be.

Tell your heart to beat again

Close your eyes and breathe it in

Let the shadows fall away

Step into the light of grace.

Yesterday's closing door, you don't live there anymore.

Say goodbye to where you've been

Tell your heart to beat again.

Just let that word wash over you.

Its alright now

Loves healing hands have pulled you through

So, get back up, take step one

Leave the darkness, feel the sun

'Cause your stories far from over

And your journey's just begun.

Tell your heart to beat again

Close your eyes and breathe it in

Let the shadows fall away

Step into the light of grace.

Yesterday's closing door, you don't live there anymore.

Say goodbye to where you've been

Tell your heart to beat again.

Let every Heartbreak and every scar

Be a picture that reminds you who has carried you this

far.

'Cause love sees farther than you ever could.

In this moment heavens working

Everything for your good.

Tell your heart to beat again

Close your eyes and breathe it in

Let the shadows fall away

Step into the light of grace.

Yesterday's closing door, you don't live there anymore.

Say goodbye to where you've been

Tell your heart to beat again.

And tell your heart to beat again

And tell your heart to beat again

And tell your heart to beat again

Pastoral Prayer

Pastor Felix Carrión

Invitation to Offering

Jan Lundy

Double Down For Plymouth

Offertory Music

Marshall Davies

*Doxology

Congregation

Praise God from whom all blessings flow

Praise God all creatures here below

Praise God for all that Love has done

Creator, Christ, and Spirit one Amen.

Offertory Prayer

Jan Lundy

LEADER: God of the journey, we give these offerings in gratitude,

ALL: rejoicing in the abundance of your gifts to us.

LEADER: We give these offerings in faith,

ALL: trusting that you will provide for our needs.

LEADER: We give these offerings in hope,

ALL: knowing you can use them to spread your love in this world.

LEADER: And with these offerings, we give ourselves;

ALL: may we live with generous hearts and with open hands. Amen.

***Congregational Song**

Congregation

“Come to Me”

All who are weary

All who are burdened down

Come to me, come to me

Come to me and I will give you rest. (x2)

My yoke is easy

My burden feels so light

Come to me, come to me

Come to me and I will give you rest. (x2)

All who are weary

All who are burdened down

Come to me, come to me

Come to me and I will give you rest. (x2)

Come to me, come to me

Come to me and I will give you rest. (x2)

Benediction

Pastor Felix Carrión

***Song of Parting**

Congregation

Sing! # 201 “Deep Peace”

Peace, peace, deep peace,

My peace I give to you.

Peace, peace, deep peace,

My peace I give to you.

Not as the world gives, I give to you,

Not as the world gives, I give to you.

Peace, peace, deep peace,

My peace I give to you.

Postlude

Marshall Davies

Today's Worship Participants

Worship Leader: Jan Lundy

Sound: Mary Davis

Video: Sarah Bowman

Projector: Mary Lowell

YouTube Host: Amie & Shelby-Mak Friday

Pastor Felix Carrión

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