



Worship Service for May 10, 2026
Mental Health Awareness Month

Prelude	Marshall Davies
Chiming of the Hour	Pam Laham
Welcome	Bill Hoffman
Centering Moment	Bill Hoffman
Praise and Worship Song <i>"God Will See Us Through"</i>	Congregation

In times of brokenness,
in ev'ry wilderness,
God has seen us through.
Times when our strength was gone,
somehow we carried on,
God has seen us through.

Look behind and see
throughout history,

God has never let us down.
Lean ahead and trust,
God is guiding us,
God is with us here right now.

God will see me through,
God will see you through,
God will see us through somehow.
Step by step we'll be
given all we need
God will see us through this now.

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in ev'ry wilderness,
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given all we need
God will see us through this now.
God will see us through this now.

Announcements

Pam Laham

Call to Worship

Pam Laham

LEADER: Somehow, despite all the pitfalls along the way, all the trials and tribulations in each of our lives, God has kept watch over us.

ALL: We have been confined and burdened; we have walked through fire and water; we have been mightily tested, but we have not been overcome.

LEADER: We are here because we seek to embrace, cherish, and speak the truth of our lives.

ALL: God hears our pleas and continues to love us with steadfast, undying love.

***Hymn**

Congregation

TNCH #179 "We Yearn, O Christ, for Wholeness"

We yearn, O Christ, for wholeness
and for your healing touch;
too long have we felt helpless;
our burdens seemed too much.
Forgetting all pretenses
we make our pleadings heard,
in hope and expectation
await your gracious Word.

We long to have companions

who travel by our side,
strong friends to call and answer
with whom we are allied;
As we lift up each other
when struggles lay us low,
community develops;
our faith and caring grow.

We need your living presence,
O Christ of Galilee,
a presence that revives us
and sets our spirits free.
No longer are we fearful,
your love pervades each place.
Empower us with courage
to claim your healing grace.

Gathering Prayer

Pam Laham

**ALL: Holy One, be with us in this sacred space. Stir
your Spirit in and among us as we offer
ourselves to you. We long to hear more than our**

own fearful groaning. From the places deep within us, may your Spirit intercede for us. Let us see you through all brokenness that we may find wholeness in being your holy body here and now. Create in us a tenderness to the needs of all, an openness to everyone's gifts, and a commitment to the journey of healing and wholeness. We offer this prayer in the name of love and truth.

Amen.

Biblical Witness

Bill Hoffman

Matthew 25:35 - 40

For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.' "Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe

you? When did we see you sick or in prison and go to visit you?’ “The King will reply, ‘Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.’”

Contemporary Witness

Pam Laham

Various Quotes

“I told her once I wasn’t good at anything. She told me survival is a talent.”

— *Susanna Kaysen, Girl, Interrupted*

“Take it slow, little by little. Remember, every small step you take now is adding to bigger change later. Change builds exponentially, with increasing momentum, multiplying on itself.”

— *Susan Rose Blauer, How I Stayed Alive When My Brain Was Trying to Kill Me: One Person’s Guide to Suicide Prevention*

Reflection

Bill Hoffman

“Senseless, Useless, Needless”

Special Music

Plymouth Choir

"You Are Wonderfully Made"

You are wonderfully made.

You are God's creation.

Let no one bring you down by what they say.

You are wonderfully made.

You are wonderfully made.

Remember that you're a child of God (you're a child of God),
part of God's creation (you're a child).

So when you feel you are weak and flawed,
remember that you're a child of God,
remember that you're a child of God.

Love your neighbor as yourself, the commandment still holds
true.

But how can you love someone else if we never learn to love
ourselves?

You are wonderfully made.

You are God's creation.

Let no one bring you down by what they say.

You are wonderfully made.

You are wonderfully made.

You're a child of God.

You are wonderfully made,

You're a child, wonderfully made.

You're a child of God.

Pastoral Prayer with Joys & Concerns

Bill Hoffman

Invitation to Offering

Pam Laham

UCC Mental Health Network

(there was a misprint in Thursday's Thoughts and this is the correct Outreach Offering for today)

Offertory Music

Marshall Davies

***Doxology**

Congregation

ALL: Praise God from whom all blessings flow

Praise God all creatures here below

Praise God for all that Love has done

Creator, Christ, and Spirit one.

Amen.

Offertory Prayer

Congregation

ALL: Holy One, you have given us the gift of love so that we might all know the truth of our precious lives. Everything we have been given has the purpose of shaping us to be of one heart and mind, and so we offer what we have to you. Bless these gifts as we bring them, that we all might reveal the truth of the handiwork of God in our lives.

Amen.

***Congregational Song**

Congregation

Sing! #75 "Banner of Hope"

Hastening down the morning,
floating on the breath of day,

holding out dawn's promise to the world.

Beyond any sensible warning,

joy finds a place to stay.

Hope flies like a banner unfurled.

Hastening down the morning,

coming forth without delay,

op'ning up tomorrow for God's Word.

Despite all the bitterness, scorning,

grace finds a place to stay.

Hope flies like a banner unfurled.

Hastening down the morning,

spiriting the fear away,

blessings dance as true hope is restored.

Love grows from the ashes of sorrow,

faith finds a place to stay.

Hope flies like a banner unfurled.

Benediction

Bill Hoffman

Song of Parting

Congregation

Sing! #194 "Go In Peace"

Leader: Our God's light,

All: Our God's light,

Leader: Our Savior's grace

All: Our Savior's grace

Leader: The warm love

All: The warm love

Leader: of the Spirit's embrace, will guide you

All: will guide you

Leader: as you leave this place. Go in peace.

All: Go in peace.

Leader: May you find peace

All: May you find peace

Leader: as you walk in faith.

All: as you walk in faith.

Leader: May you find joy

All: May you find joy

Leader: as you run the race. May God bless you

All: May God bless you

Leader: and keep you always. Go with love.

All: Go with love.

Postlude

Marshall Davies

Today's Worship Participants

Worship Leader: *Pam Laham*

Sound: *Cathy Normand*

Video: *Sarah Bowman*

Projector: *Tony Trosclair*

YouTube Host: *Mary Lowell*

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