



**Worship Service for May 17, 2026**  
**Mental Health Awareness Month**

<b>Prelude</b>	Marshall Davies
<b>Chiming of the Hour</b>	Jan Lundy
<b>Welcome</b>	Cathy Normand
<b>Centering Moment</b>	Cathy Normand
<b>Praise and Worship Song</b> <i>"God Will See Us Through"</i>	Congregation

In times of brokenness,  
in ev'ry wilderness,  
God has seen us through.  
Times when our strength was gone,  
somehow we carried on,  
God has seen us through.

Look behind and see  
throughout history,

God has never let us down.  
Lean ahead and trust,  
God is guiding us,  
God is with us here right now.

God will see me through,  
God will see you through,  
God will see us through somehow.  
Step by step we'll be  
given all we need  
God will see us through this now.

In times of brokenness,  
in ev'ry wilderness,  
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somehow we carried on,  
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God will see us through this now.  
God will see us through this now.

## **Announcements**

Jan Lundy

## **Call to Worship**

Jan Lundy

LEADER: Somehow, despite all the pitfalls along the way, all the trials and tribulations in each of our lives, God has kept watch over us.

**ALL: We have been confined and burdened; we have walked through fire and water; we have been mightily tested, but we have not been overcome.**

LEADER: We are here because we seek to embrace, cherish, and speak the truth of our lives.

**ALL: God hears our pleas and continues to love us with steadfast, undying love.**

**\*Hymn**

Congregation

*TNCH #179 "We Yearn, O Christ, for Wholeness"*

We yearn, O Christ, for wholeness  
and for your healing touch;  
too long have we felt helpless;  
our burdens seemed too much.  
Forgetting all pretenses  
we make our pleadings heard,  
in hope and expectation  
await your gracious Word.

We long to have companions

who travel by our side,  
strong friends to call and answer  
with whom we are allied;  
As we lift up each other  
when struggles lay us low,  
community develops;  
our faith and caring grow.

We need your living presence,  
O Christ of Galilee,  
a presence that revives us  
and sets our spirits free.  
No longer are we fearful,  
your love pervades each place.  
Empower us with courage  
to claim your healing grace.

## **Gathering Prayer**

Jan Lundy

**ALL: Holy One, be with us in this sacred space. Stir  
your Spirit in and among us as we offer  
ourselves to you. We long to hear more than our**

**own fearful groaning. From the places deep within us, may your Spirit intercede for us. Let us see you through all brokenness that we may find wholeness in being your holy body here and now. Create in us a tenderness to the needs of all, an openness to everyone's gifts, and a commitment to the journey of healing and wholeness. We offer this prayer in the name of love and truth.**

**Amen.**

**Biblical Witness**

Cathy Normand

*2 Corinthians 12: 8 - 10*

Three times I appealed to God about this, that it would leave me, but God said to me, "My grace is sufficient for you, for power is made perfect in weakness." So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weakness, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

**Contemporary Witness**

Jan Lundy

*Excerpt from Daring Greatly, Chapter 2*  
*By Dr. Brene Brown*

Vulnerability isn't good or bad: It's not what we call a dark emotion, nor is it always a light, positive experience.

Vulnerability is the core of all emotions and feelings. To feel is to be vulnerable. To believe vulnerability is weakness is to believe that feeling is weakness. To foreclose on our emotional life out of a fear that the costs will be too high is to walk away from the very thing that gives purpose and meaning to living.

**Reflection**

Cathy Normand

*"Vulnerability"*

**Special Music**

Aimee Broadhurst & Mark Vines  
(video)

*"Our Story"*

When I feel alone and voiceless,  
you're there to help sing my song.  
You reach out a hand of friendship

to help me know that I belong.

Though we're diff'rent we can see  
we are one in harmony.

There is heart enough for us to help each other,  
There is strength enough to build up and be kind.  
We can give, we can care in this world we all share.  
I'm a part of your story, and you're a part of mine.

And I promise I will be there (I'm a part of your story)  
when you need help to make it through (You're a part of  
mine).

I will take the time to listen (I'm a part of your story),  
to always see the good in you (You're a part of mine).

And together, we will grow,  
lifting others as we go.

There is heart enough for us to help each other,  
There is strength enough to build up and be kind.  
We can give, we can care in this world we all share.

I'm a part of your story, and you're a part of mine.

Together we will hope.

Together we will rise.

We're more connected than we'll ever realize.

We will rise.

There is heart enough for us to help each other.

There is strength enough to build up and be kind.

We can give, we can care in this world we all share.

I'm a part of your story, and you're a part of mine.

I'm a part of your story, and you're a part of mine.

**Prayer**

Cathy Normand

**Invitation to Offering**

Jan Lundy

*Double Down For Plymouth*

**Offertory Music**

Marshall Davies

**\*Doxology**

Congregation

**ALL: Praise God from whom all blessings flow  
Praise God all creatures here below  
Praise God for all that Love has done  
Creator, Christ, and Spirit one.**

**Amen.**

**Offertory Prayer**

**Congregation**

**ALL: Holy One, you have given us the gift of love so that we might all know the truth of our precious lives. Everything we have been given has the purpose of shaping us to be of one heart and mind, and so we offer what we have to you. Bless these gifts as we bring them, that we all might reveal the truth of the handiwork of God in our lives.**

**Amen.**

**\*Congregational Song**

**Congregation**

*Sing! #75 "Banner of Hope"*

Hastening down the morning,  
floating on the breath of day,  
holding out dawn's promise to the world.  
Beyond any sensible warning,  
joy finds a place to stay.  
Hope flies like a banner unfurled.

Hastening down the morning,  
coming forth without delay,  
op'ning up tomorrow for God's Word.  
Despite all the bitterness, scorning,  
grace finds a place to stay.  
Hope flies like a banner unfurled.

Hastening down the morning,  
spiriting the fear away,  
blessings dance as true hope is restored.  
Love grows from the ashes of sorrow,  
faith finds a place to stay.  
Hope flies like a banner unfurled.

**Benediction**

Cathy Normand

**Song of Parting**

Congregation

*“Sing”*

Sing, sing a song  
Sing out loud, sing out strong  
Sing of good things, not bad  
Sing of happy, not sad

Sing, sing a song  
Make it simple to last your whole life long  
Don't worry that it's not good enough  
For anyone else to hear  
Just sing, sing a song  
Just sing, sing a song

**Postlude**

Marshall Davies

**Today's Worship Participants**

Worship Leader: *Jan Lundy*  
Sound: *Cii-jayy Jones*  
Video: *Amie & Shelby-Mak Friday*  
Projector: *Tony Trosclair*  
YouTube Host: *Rev. Lori Keaton*

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